


# Daily Method for *Success!*

 **Gratitude List - What are 5 things you are grateful for?**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_  
4. \_\_\_\_\_ 5. \_\_\_\_\_

 **3 NEW ASKS ( BIZ, Hosts, Sample, 30 Day)**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

 **3 Follow-up from ASKS**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

 **3 Client/PC Follow-ups (service, renewals, pc rewards, etc.)**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

 **3 Team Member connections (if you don't have a team, you will)**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_


 **3 Relationship building actions**

(reach out to past contacts, comment or private message on social media, create new connections, wish Happy Birthday etc.)

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

 **1 NEW Booked Presentation (You -OR- Launching NEW IC)**

1. \_\_\_\_\_

 **Presentations Completed (4/more per week...You -OR- Launching NEW IC)**

1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_ 4. \_\_\_\_\_

Make Social Media Post

Review your goals

Plan next day (3 priorities)

Read 20 minutes of personal development (reading/audio)