

STRONG NATION'S DAILY METHOD FOR *SUCCESS!*

- ✓ 20 Minutes of personal development (reading or audio)

- ✓ Gratitude List – What are 3 things you are grateful for?

1. _____
2. _____
3. _____

DO THE 5-4-3-2-1

- ✓ 5 NEW Connections

1. _____
2. _____
3. _____
4. _____
5. _____

- ✓ 4 NEW Asks (Biz, Event, Gold Bag, 30 Day)

1. _____
2. _____
3. _____
4. _____

- ✓ 3 Social Media Posts

1. **SOW** (teach how to make your favorite smoothie, how to make a tizzy, teach WHY these products are incredible, sow the info in)
2. **SHOW** (Show how you are a product of the product. Selfies with your fizz. Cute Boomerang videos of you using the RE9. Show off your new make-up or a new product)
3. **SHARE** (Share how Arbonne is creating a better future for you & your family. Share results from the Healthy Living Challenge. Share results from the Makeup or Skincare lines. Share your WHY)

- ✓ 2 Events Scheduled for the Week

1. _____
2. _____

- ✓ 1 Win for the Day

"You don't get permission to complain that others get the view from the top if you're not willing to take the climb." -Ashley Strong